

INSTITUTE

**Changing the Landscape of Nursing** 



## **MPINSTITUTE.ORG**

Public Charity Status 509(a)(2)



#### **Executive Summary:**

The Minority Pre-Nursing Institute (MPI) is a nonprofit pre-collegiate mentorship program that is designed to introduce middle school and high school students to the field of nursing and provide them with foundational knowledge and experiences that will support academic success in diploma, associate degree, and baccalaureate-prepared nursing programs. The program will cover basic nursing concepts and skill development, and foster critical thinking skills. The MPI pre-nursing program will span two semesters. At the end of the semester, students will have an indepth knowledge of the theory of nursing and clinical practice.

#### Vision:

To increase diversity within the nursing profession by providing educational support to underrepresented students who are interested in pursuing a career in nursing.

#### **Mission:**

To inspire and equip the next generation of healthcare leaders by promoting the nursing profession as an inclusive and rewarding career choice for middle and high school students.

#### **Program Objectives:**

- Students will develop critical thinking skills
- Students will be academically prepared for nursing programs
- Students will develop clinical skills

#### **Program Overview:**

- 2 cohorts (1st semester and 2nd semester)
- 1 day a week/2 hours a day

#### Dynamic curriculum:

- The Nursing Process and Concept Maps
- Case studies
- NCLEX questions
- **ADLs**
- Skills: Vital signs, medicine administration, math equations, lab values, blood draws, blood types, cranial nerve assessments, and much more
- students will learn normal VITAL SIGNS and the causes and treatments for abnormal vital signs
- Students will explore the components and functions of the **CARDIOVASCULAR SYSTEM**. They will focus on its structure, the flow of blood, and blood types. They will also learn about how minorities have the highest incidence, prevalence, and hospitalization rates from heart failure and how to increase awareness within their family unit. They will also learn how to read rhythm strips, perform CPR, and use a temporary pacer box
- Students will explore the function of the **RESPIRATORY SYSTEM** and how it regulates blood pH and plays an important role in cellular respiration. Students will learn about chronic obstructive pulmonary disorders such as emphysema and how race and gender are associated with significant disparities in COPD diagnosis. Students will learn how to assess lung sounds and read arterial blood gases
- Students will explore how both **NERVOUS SYSTEMS** interact together and how minority populations in the United States have an increased stroke burden.
- Students will discuss the functionality of the **GASTROINTESTINAL SYSTEM** and the most common disorder, GERD. Students will discuss ways to decrease this disorder in minority communities.
- Students will understand how the **GENITOURINARY SYSTEM** works and explore risk factors that increase kidney disease in minorities.
- Students will explore the **INTEGUMENTARY SYSTEM** and how certain skin disorders appear on lighter versus darker skin and assess the different stages of pressure ulcers.
- Students will explore the **MUSCULOSKELETAL SYSTEM** and risk factors that increase fractures in the elderly population.
- Hospital or College shadowing hours (TBD)
- Career day
- Graduation and Pinning ceremony (2nd semester)

#### Target Audience:

Middle school students High school students

#### **Meet Some of Our Educators:**

#### Tamara Moon, MSN, RN President and Founder, Minority Pre-Nursing Institute

In addition to serving as President, Tamara Moon is a passionate and dedicated nursing educator with 16 years of nursing education and clinical experience. She holds a Master of Science in Nursing degree from Walden University. She has developed and implemented innovative curriculum and teaching strategies to engage learners and facilitate their professional growth. She is dedicated to shaping the next generation of compassionate and competent nursing students who are prepared to meet the evolving challenges of healthcare.

#### Kelly Starver, DNP, MS, BSN, RN Program Director, Minority Pre-Nursing Institute

Kelly Starver is currently an Associate Professor at the University of Pittsburgh School of Nursing. As a former Nurse Manager at the VA Pittsburgh Healthcare System, Dr. Starver gained an extensive background in Behavioral Health and was the Chair of the Greater Pittsburgh Nursing Research Conference. She is a proficient nurse passionate about advancing healthcare by recognizing the social detriments of health, their effect on health outcomes, the lack of adequate coverage, and access to providers that are a part of the community of color. Dr. Starver is determined to increase the number of students of color in nursing schools by identifying systemic and disadvantageous challenges within institutions. Dr. Starver embodies the highest standards of leadership and expertise.

#### Dawna Bivins CRNP, MSN, RN Program Director, Minority Pre-Nursing Institute

Dawna Bivins is a Certified Registered Nurse Practitioner (CRNP) with over a decade of experience in family medicine. She currently works in Occupational Medicine as a CRNP. She has worked in various community health centers where she has provided comprehensive care and as Adjunct Faculty for Lake Erie College of Osteopathic Medicine. She is a strong believer that diversity and inclusion are needed in all aspects of healthcare. She works and develops wellness campaigns to assist employees with effective health, maintenance, and behavioral health techniques. She also volunteers and mentors youth to develop healthy wellness and lifestyle choices through outdoor activities such as hiking and biking.

#### **Meet Our Board of Directors:**



## Tamara Moon, MSN, RN President and Founder

Tamara Moon is a visionary leader in nursing education, combining her extensive clinical background with a deep commitment to nurturing future healthcare leaders. As the President and Founder of the Minority Pre-Nursing Institute, she harnesses her passion for mentorship and education to create transformative experiences for aspiring nurses. Tamara's educational journey, crowned with a Master of Science in Nursing, equips her with a unique blend of theoretical acumen and practical prowess. She excels in creating an enriching learning environment that not only imparts knowledge but also instills the confidence and competence necessary to excel in a rapidly evolving healthcare industry. Her dedication to promoting diversity in nursing and her innovative approaches to teaching have established her as a key figure in shaping the trajectory of nursing education. Her unwavering commitment to excellence and continuous improvement positions her as an inspiring role model and an influential force in the realm of nursing and healthcare education.



## Kimberly A. Henderson, PhD-c, DNP, CRNP, FNP-BC, Vice President

Kimberly's career in healthcare began in 1992 as a Registered Nurse. After gaining valuable experience for eight years, she pursued advanced training, earning a Master of Science in Nursing (MSN) as a Family Nurse Practitioner in 1999 from the University of Pittsburgh School of Nursing. Kimberly's commitment to learning continued with a Doctor of Nursing Practice (DNP) degree from the same esteemed institution in 2011. Throughout Kimberly's career, she has had the privilege of working in various specialties, including family practice, cardiac care, and currently, vascular surgery. Kimberly has gained experience across different healthcare systems, working at UPMC, Allegheny Health Network, and now serving our veterans at the Pittsburgh VA Healthcare System. Beyond her clinical practice, Kimberly has always felt a strong commitment to giving back to the community. She has volunteered countless hours at health fairs, providing blood pressure screenings and healthcare preventative counseling. Kimberly is passionate about empowering individuals to take charge of their health and has offered personal health advocacy services to those in need. For the past six years, Kimberly has proudly served; and continues to serve, our country in the US Army Reserves. Kimberly's dedication to patient care and lifelong learning extends further as she pursues a Doctor of Philosophy (PhD) at the Catholic University of America.



#### **Tyoato Betters-Price, Treasurer**

Tyoato Betters-Price is a seasoned subrogation manager with 26 years of experience in healthcare subrogation. She is skilled in navigating state laws nationwide and ensures settlements align with client needs. As Subrogation Manager at Optum, Tyoato leads client meetings, optimizes file management, and resolves requests promptly. Tyoato holds a Bachelor of Business Administration and Management from Edinboro University of and is a proud member of the Delta Sigma Theta Sorority, Inc. Beyond her professional endeavors, Tyoato is actively involved in her community and has held various board positions, including Treasurer roles in organizations such as the Penn Hills High School PTA and Girl Scouts of America. She also dedicates her time to volunteer work with organizations like the Visionary Dance Company and the Penn Hills Senior High Cheerleading team, demonstrating a passion for supporting youth and the arts.

#### Denine Bransom, BSN, RN, Secretary

Denine is a dedicated and compassionate nurse with a Bachelor of Science in Nursing (BSN) degree. With a passion for patient care and a commitment to excellence, she brings unique skills and experiences to the healthcare field. Having served in the US Army Reserves, she has honed valuable qualities such as leadership, discipline, and resilience. These attributes, combined with her nursing education, enable her to excel in high-pressure situations and provide optimal care to patients. Denine has dedicated her career to serving veterans at The VA Pittsburgh Healthcare System. She is dedicated to ongoing professional development and staying abreast of the latest advancements in nursing practice. Her dedication to serving others and making a positive impact in healthcare is evident in their daily work and interactions with patients, colleagues, and the community.



**MINORITY PRE-NURSING** 

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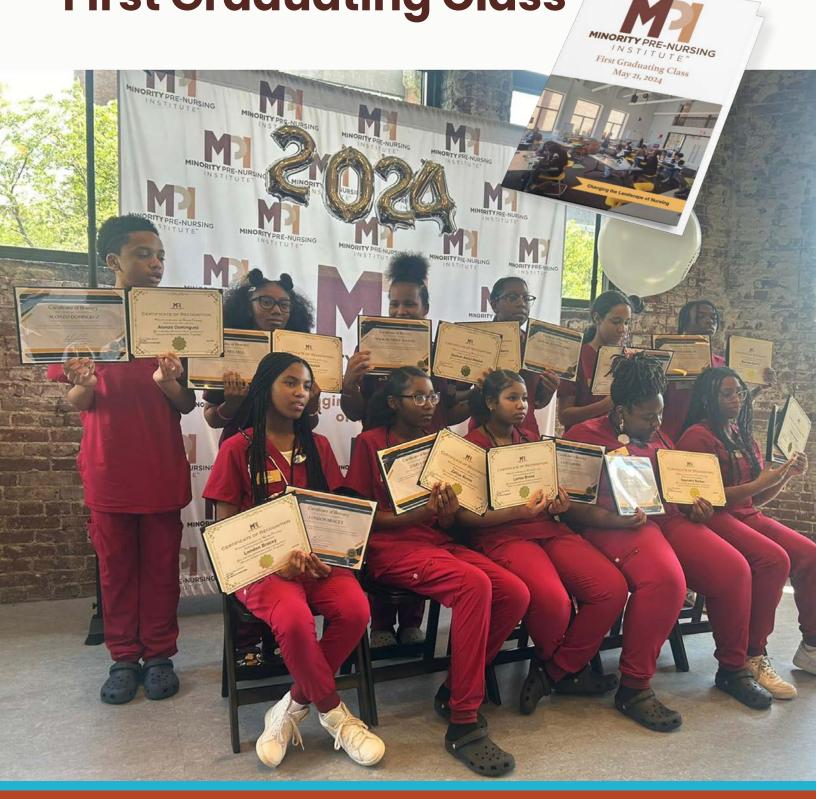
**Changing the Landscape of Nursing** 

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- INSPIRATION
- EDUCATION
- •MENTORSHIP

Minority Pre-Nursing Institute
First Graduating Class



Students of the Manchester Academic Charter School



































**Changing the Landscape of Nursing** 



## Graduation & Pinning Ceremony

## **Survey Results**



Question 1: How likely are you to recommend this course to a classmate or friend?

89% of these students said they would recommend this course to a classmate or friend

Question 2: Has this course increased your interest in the nursing field?

89% of these students said this course increased their interest in the nursing field

Question 3: How likely are you to enroll in a nursing program after high school?

78% of these students said they would likely enroll in a nursing program after high school

Question 4: What topic did you like most about the course?

Circulatory System and Nervous System were the most common answer, followed by the Musculoskeletal and Digestive Systems.



## WE ARE THE FUTURE OF NURSING



# ENROLL TODAY IN MPI's PRE-NURSING PROGRAM MPINSTITUTE.ORG

### Who We Are

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## **Topics Covered**

The Nursing Process
Overview of Body Systems
Common Diseases
Concept Maps
Clinical Skills
Case Studies
NCLEX Questions